

St Marc Grenoble  
Ascension Day Reflection  
13th May 2021  
**Luke 24: 44 - 53**  
**Acts 1: 1 - 11**  
**'Staring into Heaven'**

Luke 24: 44 - 53

Jesus reminds the disciples what He's already told them (More than once before) *This gives me great heart, - I'm not the only one slow on the uptake!*

He opened their minds to the prophecies of scripture, once again - but perhaps they could understand better now.

He explained that the 'disaster' of His death, and the 'delight' of His resurrection, were all part of God's plan.

Now repentance - turning around, (a life changing experience) and forgiveness is to be **proclaimed**.

We need to share the Good News

Jesus blessed the disciples - they worshipped Him with Great Joy. We need to share this JOY - as I said on Sunday, not 'frothy happiness', but deep seated 'peace and joy'.

Acts 1: 1 - 11

These two passages are the 'link' between Luke's Gospel - about Jesus' Ministry on earth - and the Acts of the Apostles (or the Acts of the young Church) and His Ministry from Heaven.

After Jesus rose from the dead, to reassure the disciples, He commissioned them. He also promised the power and resources of the Holy Spirit, to equip them.

They were (still) preoccupied with the restoration of self rule for Israel. But Jesus wanted them, and wants us, to get on with proclaiming the 'Good News'.

The Angels asked "Galileans why are you staring into heaven" - in other words don't just stand there - wait for the power of the Holy Spirit, and get on with it!

*'Keep Calm - and Proclaim the Good News!!'*